

Menu

Week 1

Russell Hill Road Day Nursery



Monday

Lunch: Cauliflower and broccoli cheese pasta bake

Pudding: Ice cream cake

Tea: Scrambled eggs, tomatoes, beans and brown toast



Tuesday

Lunch: Chicken Risotto with vegetables

/VegetableRisotto

Pudding: Apple crumble with ice cream

Tea: Pitta bread with ham and cheese



Wednesday

Lunch: Spaghetti Bolognese/Quorn Bolognese with vegetables

Pudding: Rice pudding

Tea: Homemade pizza with salad



Thursday

Lunch: Fish pie and side vegetables

Pudding: Yogurts

Tea: Pancakes with banana



Friday

Lunch: Chicken/Quorn chicken stew with new potatoes and vegetables

Pudding: Banana cake

Tea: Cheese on toast and cherry tomatoes

We adapt all meals to suit all individual dietary requirements.

